

# 2023 Shawsheen Tech Volleyball Tryout Information

**\*\*Please wear the following color t-shirt for tryouts:**

- Seniors: Purple
- Juniors: Black
- Sophomores: Gray
- Freshmen: White

**Please arrive at least 20 minutes prior to the start time for check in and warmups.**

## **Day 1: Monday – 8/21/2023**

Shawsheen Gymnasium

Tryouts: 9:00 AM – 11:00 AM

## **Day 2: Tuesday – 8/22/2023**

**Shawsheen Track – This is required for any student athlete who is trying out for Varsity.**

**1.5 Mile Run @ 8:30 – This is timed with the goal being that it is run in 13 minutes or less.**

Shawsheen Gymnasium (for all student athletes trying out)

Tryouts: 9:00 AM – 11:00 AM

## **Day 3: Wednesday – 8/23/2023**

Shawsheen Gymnasium

Tryouts: 9:00 AM – 11:00 AM

## **Day 4: Thursday – 8/24/2023**

Shawsheen Gymnasium

Tryouts: 9:00 AM – 11:00 AM

Head Coach: [Katie McGinness](#)

Ass't/JV Coach: [Kelly McFadden](#)